Coaching

MINOR

Coordinator: Robert Lewis, Professor, Department of Kinesiology and Recreation
Associate Professor: M. Kentrus
Assistant Professor: Wright
Lecturer: Brakeall

- Field experience required in school program. Recommended during senior year.
- You cannot major in coaching.

Program Requirements

| MINOR |
|------------------|------------------|
| Hours Required in Kinesiology: | 22 |
| Hours Required in Other Departments: | 0 |
| Total Hours Required: | 22 |

Requirements for Minor in Coaching

All of the following: (16 hours)
- EXSS 305 Care and Prevention of Athletic Injuries
- EXSS 175 Foundations of Resistance Training
- PHEC 405 Psycho-Social Foundations of Sport
- PHEC 412 Principles of Coaching
- PHEC 420 Sports Law and Ethics
- PHEC 481 Field Experience in Coaching

Two from among: (6 hours)
- PHEC 360 Theory of Track & Field
- PHEC 361 Theory of Football
- PHEC 362 Theory of Baseball
- PHEC 364 Theory of Basketball
- PHEC 365 Theory of Volleyball
- PHEC 366 Theory of Soccer
- PHEC 369 Theory of Softball