

To: Bobcat Student Community

From: Dr. Artie L. Travis, Vice President for Student Affairs

Date: Wednesday, November 4, 2020

RE: Post-Election Events

As we face a tight Presidential race with uncertain results, I know many of you are anxious and attempting to process where we are as a country and a community. I would like to take a moment to make you aware of some planned post-election dialogue opportunities, as well as a last-minute addition tomorrow night, to support our efforts to navigate through the current situation on our campus, in our community, and with the national elections.

Times Talk Thursday: Diversity & Inclusion

Thursday, November 5 – 12:30 pm

Webex Login Information: <https://frostburg.webex.com/meet/TimesTalkThursdayDemocracy>

Meeting ID# 198 834 933

Interested faculty, staff, and students will gather for a discussion on a current topic in the news focused around Diversity & Inclusion.

Topic: **Free Speech vs. Hate Speech**

To access this week's article please click [HERE!](#)

Processing the Election and Its Impact on You

Thursday, November 5 – 6:00 pm

Webex Login Information: <https://frostburg.webex.com/meet/TimesTalkThursdayDemocracy>

Meeting ID# 198 834 933

Join us for a two-part discussion on: The political impact of this election & your views on its impact on the nation, the community, and you.

Political Moderator: Professor Tim Magrath

Student Moderator: SGA President Noah DeMichele

Special Guest Speaker: Dr. David Lewis, Political Science Department

Healing the Heart of Democracy During a Divisive Election Year

Tuesday, November 10 – 6:00 pm

Register in advance for the Zoom virtual meeting at <https://is.gd/lo1bsG>

This mindful virtual discussion will again draw on excerpts from Parker J. Palmer's inspiring book, *Healing the Heart of Democracy: The Courage to Create a Politics Worthy of the Human Spirit* (2011) and offer some mind-body skills practice. Discussion will also focus on how to manage any anxieties, emotions, or concerns citizens have about election outcomes this fall, including exploring civic engagement opportunities and implementing civil public demonstration and coalition building strategies. This Choose Civility session is being cosponsored by FSU's Leadership Studies program, Voter Engagement Committee, Office of Civic Engagement, Office of Diversity, Equity, and Inclusion, Lewis J. Ort Library, Student-Athlete Advisory Council (SAAC) Community Engagement Subcommittee, *The Bottom Line*, Student Government Association, the J. Glenn Beall Institute for Public Affairs, and Mindful Well-Being Group; and ACM's Democracy Commitment Committee, Peace Club, and Mind-Body-Wellness Group.

What Strategies to Use to Maintain Your Mental Health Post-Elections

Wednesday, November 11 – 4:00 p.m.

Dr. Susan Mandell, FSU Counseling and Psychological Services

Link to come.

Times Talk Thursday: Democracy In Action

Thursday, November 12 – 12:30 pm

Webex Login Information: <https://frostburg.webex.com/meet/TimesTalkThursdayDemocracy>

Meeting ID# 198 834 933

Interested faculty, staff, and students will gather for a discussion on a current topic in the news focused around politics and the democratic process.

Topic: **Post-Election Discussion**

Article: TBA