

# HABIT TRACKER

| MONTH                | JAN        |   |   | FEB |   |   | MAR |   |   | APR |    |    | MAY |    |    | JUN |    |    | JUL |    |    | AUG |    |    | SEP |    |    | OCT |    |    | NOV |  |  | DEC |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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|                      | 1          | 2 | 3 | 4   | 5 | 6 | 7   | 8 | 9 | 10  | 11 | 12 | 13  | 14 | 15 | 16  | 17 | 18 | 19  | 20 | 21 | 22  | 23 | 24 | 25  | 26 | 27 | 28  | 29 | 30 | 31  |  |  |     |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| HABIT                | [REDACTED] |   |   |     |   |   |     |   |   |     |    |    |     |    |    |     |    |    |     |    |    |     |    |    |     |    |    |     |    |    |     |  |  |     |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Study Hall           |            |   |   |     |   |   |     |   |   |     |    |    |     |    |    |     |    |    |     |    |    |     |    |    |     |    |    |     |    |    |     |  |  |     |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Tutoring             |            |   |   |     |   |   |     |   |   |     |    |    |     |    |    |     |    |    |     |    |    |     |    |    |     |    |    |     |    |    |     |  |  |     |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Office Hours         |            |   |   |     |   |   |     |   |   |     |    |    |     |    |    |     |    |    |     |    |    |     |    |    |     |    |    |     |    |    |     |  |  |     |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Exam Preparation     |            |   |   |     |   |   |     |   |   |     |    |    |     |    |    |     |    |    |     |    |    |     |    |    |     |    |    |     |    |    |     |  |  |     |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Homework             |            |   |   |     |   |   |     |   |   |     |    |    |     |    |    |     |    |    |     |    |    |     |    |    |     |    |    |     |    |    |     |  |  |     |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Independent Studying |            |   |   |     |   |   |     |   |   |     |    |    |     |    |    |     |    |    |     |    |    |     |    |    |     |    |    |     |    |    |     |  |  |     |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Class Attendance     |            |   |   |     |   |   |     |   |   |     |    |    |     |    |    |     |    |    |     |    |    |     |    |    |     |    |    |     |    |    |     |  |  |     |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|                      |            |   |   |     |   |   |     |   |   |     |    |    |     |    |    |     |    |    |     |    |    |     |    |    |     |    |    |     |    |    |     |  |  |     |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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|                      |            |   |   |     |   |   |     |   |   |     |    |    |     |    |    |     |    |    |     |    |    |     |    |    |     |    |    |     |    |    |     |  |  |     |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|                      |            |   |   |     |   |   |     |   |   |     |    |    |     |    |    |     |    |    |     |    |    |     |    |    |     |    |    |     |    |    |     |  |  |     |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|                      |            |   |   |     |   |   |     |   |   |     |    |    |     |    |    |     |    |    |     |    |    |     |    |    |     |    |    |     |    |    |     |  |  |     |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|                      |            |   |   |     |   |   |     |   |   |     |    |    |     |    |    |     |    |    |     |    |    |     |    |    |     |    |    |     |    |    |     |  |  |     |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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Circle or highlight for the month your are tracking. Tally or check off each habit on each day.