

Exercise & Sport Science – Pre-Physical Therapy Option

2020 – 2021 Undergraduate Catalog

Semester 1 - Fall				
<i>Note: Courses checked in the major column require a grade of C or better.</i>	Credits	Major	Other	GEP
BIOL 149 – General Biology	4	X		C
ENGL 101 – First-Year Composition	3			CS1
EXSS 103 – Foundations of EXSS	3	X		
EXSS 175 – Found. Resistance Training	1	X		
IDIS 150 – First-Year FSU Colloquia	3			E
ORIE 101 – Intro. to Higher Education	1		X	
Semester Total	15			

Semester 2 - Spring				
¹ Recommended for PT School <i>Note: Courses checked in the major column require a grade of C or better.</i>	Credits	Major	Other	GEP
EXSS 115 – Group Exercise Instruction	3	X		
BIOL 304 – Microbiology ¹	4		X	
MATH 109 – Probability & Statistics	3	X		CS3
PSYC 150 – General Psychology	3	X		D
GEP Humanities	3			B
Semester Total	16			

Semester 3 - Fall				
<i>*Fall Only</i> <i>Note: Courses checked in the major column require a grade of C or better.</i>	Credits	Major	Other	GEP
BIOL 321* - Anatomy & Physiology I	4	X		
EXSS 200 – Nutrition	3	X		C
MATH 119 – College Algebra	3		X	
GEP Fine & Performing Arts	3			A
GEP Humanities	3			B
Semester Total	13			

Semester 4 - Spring				
<i>**Spring Only</i> <i>Note: Courses checked in the major column require a grade of C or better.</i>	Credits	Major	Other	GEP
BIOL 322** - Anatomy & Physiology II	4	X		
EXSS 305 – Care & Prevention	3	X		
EXSS 315 – Nutrition Physically Active	3	X		
PSYC 208, PSYC 210, or PSYC 212 ¹	3		X	
GEP Social Science	3			D
Semester Total	16			

Semester 5 - Fall				
<i>Note: Courses checked in the major column require a grade of C or better.</i>	Credits	Major	Other	GEP
ENGL 3xx – Advanced Writing	3			CS2
EXSS 303 – Biomechanics	3	X		
EXSS 341 – Psych of Physical Activity	3	X		
PHYS 215 – General Physics I	4	X		E
GEP Identity & Difference	3			F
Semester Total	16			

Semester 6 - Spring				
<i>Note: Courses checked in the major column require a grade of C or better.</i>	Credits	Major	Other	GEP
CHEM 201 – General Chemistry I	4	X		
EXSS 306 – Organization & Admin	3	X		
EXSS 401 – Physiology of Exercise	3	X		
EXSS 435 – Lifespan Health & Fitness	3	X		
PHYS 216 – General Physics II	4	X		
Semester Total	17			

Semester 7 - Fall				
<i>Note: Courses checked in the major column require a grade of C or better.</i>	Credits	Major	Other	GEP
CHEM 202 – General Chemistry II	4	X		
EXSS 410 – Advanced Strength Training	3	X		
EXSS 411 – Evaluation & Prescription	3	X		
EXSS 482 – Field Experience	3	X		
Technology Fluency Course	3		TF	
Semester Total	16			

Semester 8 - Spring				
<i>Note: Courses checked in the major column require a grade of C or better.</i>	Credits	Major	Other	GEP
EXSS 492 – Seminar in Health Fitness	3	X		
EXSS 495 – Internship in Health Fitness	9	X		
Semester Total	12			