

Health & Wellness Education – Health Education Concentration

2025-2026 Undergraduate Catalog

Semester 1 - Fall				
	Credits	Major	PES	GEP
BIOL 149 – General Biology	4	X		C
ENGL 101 – First-Year Composition	3			CS1
ORIE 101 – Intro. to Higher Education	1			
GEP Humanities	3			B
GEP Social Science (PSYC 150 recommended)	3			D
Semester Total	14			

Semester 2 - Spring				
	Credits	Major	PES	GEP
**Spring Only ¹ IDIS 150: Health in America is the recommended topic				
HPED 104** - Foundations of Hlth Ed	3	X		
MATH 104 – Problem Solving	3			CS3
GEP Fine & Performing Arts	3			A
GEP Social Science (SOCI 100 recommended)	3			D
IDIS 150 ¹ – First-Year FSU Colloquia	3			E
Semester Total	15			

Semester 3 - Fall				
	Credits	Major	PES	GEP
*Fall Only				
BIOL 211* - Essentials Anatomy & Phys or BIOL 321* - Anat & Phys 1	4	X		
HPED 208* - Inclusion Strategies	1	X	X	
HPED 232* - School Health 1	2	X	X	
GEP Humanities	3			B
Supporting Course 1	3	X		
Supporting Course 2	3	X		
Semester Total	16			

Semester 4 - Spring				
	Credits	Major	PES	GEP
Spring Only *Even Spring Only				
HPED 230*** - Assessment	3	X		
HPED 233** - School Health 2	3	X	X	
GEP Natural Science	4			C
GEP Identity & Difference (HLTH 125 rec)	3			F
Supporting Course 3	3	X		
Semester Total	16			

Semester 5 - Fall				
	Credits	Major	PES	GEP
*Fall Only <i>Note: Students should take Praxis Core if GPA is below 3.0</i>				
HPED 234* - School Health 3	3	X	X	
EDUC 310* – Diversity & Soc. Just. or EDUC 201 – Stds, Tchrs, Lrng Envir	3	X		
GEP FSU Colloquia II	3			E
ENGL 3xx – Advanced Writing	3			CS2
Supporting Course 4	3	X		
Semester Total	15			

Semester 6 - Spring				
	Credits	Major	PES	GEP
*Variable **Spring Only <i>Note: Students should apply for Entrance to Program and Internship I</i>				
HLTH 405* – Sexuality	3	X		
HPED 310** - Technology in HWE	3	X		TF
HPED 416** – Curriculum Design	3	X	X	
REED 417** – Literacy in Content	3	X	X	
SPED 451** – Adapting Instruction	3	X	X	
Semester Total	15			

Semester 7 - Fall				
	Credits	Major	PES	GEP
<i>Note: Students should apply for Internship II and take Subject-Specific Praxis Exam</i>				
HPED 392 – Teaching Internship 1	6	X	X	
HPED 309 – Wellness & Whole Child	3	X		
HPED 404 – Health Instruction	3	X	X	
Supporting Course 5	3	X		
Supporting Course 6	3	X		
Semester Total	14			

Semester 8 - Spring				
	Credits	Major	PES	GEP
EDUC 422 – Leadership Seminar	3	X	X	
HPED 497 – Teaching Internship 2	12	X	X	
Semester Total	15			