



## August 14, 2024 | Frostburg State University

FSU's annual Administrative Development and Professional Training (ADAPT) Community Conference Series is a full-day educational experience addressing trending topics and challenges most relevant to administrative professionals. Providing first-class instruction and exclusive opportunities for admins from across the region to connect and build relationships, the conference benefits both attendees and their companies by offering access to fresh insights and perspectives and harnessing the power of pooled resources.

Get excited to spend an impactful day with your peers where you can learn, connect, grow, and be inspired!

9:30 a.m. - 10:30 a.m.	Registration/Coffee & Connections
10:45 a.m.- 12:15 p.m.	<b>Adapt and Level Up with AI</b> <i>Presented by: Timi M. Hadra</i> <i>Partner - IBM Consulting &amp; Executive Coach</i>
12:30 p.m.- 1:45 p.m.	Lunch
2:00 p.m. - 3:30 p.m.	<b>Handling Workplace Disengagement &amp; Compassion Fatigue</b> <i>Presented by: Donnell H. VanSkiver, CAP, MEP, OM</i> <i>Executive Administrative Assistant - Frostburg State University</i>
3:45 p.m. - 4:15 p.m.	Coffee & Connections