

ALUMNI SPOTLIGHT

CELEBRATING BOBCAT ACCOMPLISHMENTS



Malory Nadrah '15

Williamstown, WV | Head Women's Lacrosse Coach, Marietta College

Student Organizations

Women's Lacrosse
SAAC

Describe FSU in 3 Words

Family
Mountains
Lacrosse

Accomplishments

Married on November 15, 2019
Began the Women's Lacrosse Program at
Marietta College
Ended short 2nd season with the most wins
in conference and led the conference in 2
statistical categories.

Why did you choose Frostburg State?

I chose Frostburg because I fell in love with the campus and location. It was the perfect distance from my family. I loved the mountains and the way the campus flows. I was excited to pursue being an athlete while still getting a great education at a small school.

What is your favorite memory as a student?

Any memory I have playing for FSU women's lacrosse is my favorite. My absolute favorite moment was during my final year of lacrosse, we just beat Meredith College in a close game on our spring break trip and had a great record of 8-1. I remember the beautiful sunset and perfect weather when the game ended and the whole team was on the field hugging and laughing. I was doing the thing I loved most with my best friends and we were having a great season. It was so important to me since it was my final year and I knew to soak it all in!

Which professor influenced you as a student?

Barbara Ornstein. When we were about to go into our internships, she gave us great advice. One of the things she said was, "Never walk around empty handed. Even if you don't need anything, take something with you so you look like you are doing something productive." That is something I think about at work all the time! Although I am not in a school (still in an education profession!) I apply it every day in the office at my college.

What advice would you give to a student currently studying your major?

I was an education major and it is very important to stay organized! Education majors are expected to do more than a average student so stay on top of your schedule, assignments and field work. It is totally possible to have great grades, a social life, and free time, but you have to be organized to pull it off!