

Women's Studies at FSU E-Newsletter

March 2020

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1. DECLARE YOUR MINOR

The minor in Women's Studies is only 18 credits and allows students with a passion for feminist issues to explore herstories, intersectionality, Black feminist thought, Latina feminism(s), as well as women and art, music, philosophy, politics, health, and more.

To declare your minor, simply email Dr. Earles at jearles@frostburg.edu and include your student number so that you can be officially registered.

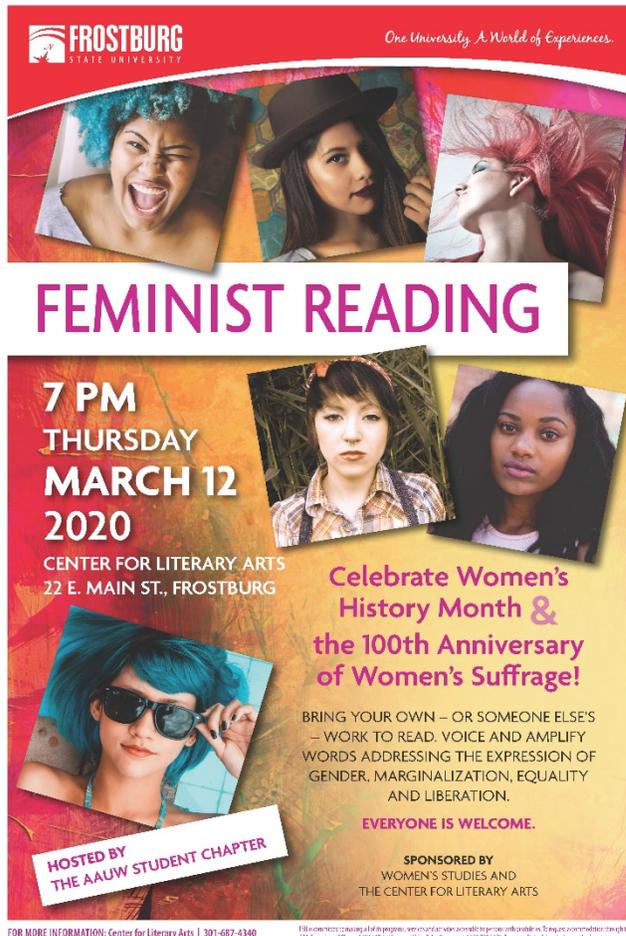
You can also visit Dr. Earles in 7 American, Room 302 (next to the Veterans Center). Once you have officially declared a Women's Studies minor, it will appear on your official records and in PAWS, which will assist both you and your major advisor in planning your coursework.

Feminism is about connecting the personal with the political and is open to ALL genders!

BTW... Follow us on Twitter [@fsuwmst](https://twitter.com/fsuwmst) and Facebook [/WMSTFrostburg](https://www.facebook.com/WMSTFrostburg)

2. Calendar

March 12: Feminist Reading, Starts at 7 p.m. at the Center for Literary Arts



March 23: Can We Talk? Starts at 7 p.m. in the Lane Center's Armah.

The University Council on Diversity, Equity, and Inclusion will continue our open series intended to establish S.M.A.R.T. goals or Specific, Measurable, Assignable, Realistic, and Time-related goals aimed at fostering a campus climate in which we can learn...live...play...work...and celebrate our diverse community and campus.

For more information, please contact UCDEI at ucdei@frostburg.edu.

The FSU Department of Music will present female composers at a vocal recital. The performance begins at 7:30 PM in the Pealer Recital Hall of the Performing Arts Center. The event is free & open to the public. For information call 301.687.4109.

April 6-7: Leadership Residency Program



Heather Mizeur, former Maryland legislator and candidate for governor, will visit FSU in April for its annual leadership residency program. Now the CEO of the non-profit organization **Soul Force Politics** (<https://www.soulforcepolitics.org/>) and the host its popular podcast, Mizeur will interact with students, faculty, staff, and community members during her visit. Please mark your calendar for these upcoming events, which are being co-sponsored by FSU's academic programs in Leadership Studies and Women's Studies and the Offices of Civic Engagement and Student and Community Involvement.

On Mon., April 6 at 7 p.m. in the Lane University Center Atkinson Room, Mizeur will share insights on "Cultivating Soulful, Resilient Leadership to Affect Social Change," a presentation that will be followed by a break-out session to help attendees reflect and integrate ideas and practices. This event will be open to the campus and public. Mizeur will also interact with faculty, staff, and students during a breakfast session and classroom visit to LEAD 101/Introduction to Leadership Studies on Tues., April 7. If you are interested in being invited to the Tuesday sessions, or want to recommend a student or colleague be invited, please contact Dr. Elesha L. Ruminski, Coordinator of Leadership Studies, at 301-687-4480 or elruminski@frostburg.edu.

3. WMST Spring 2020 Graduates

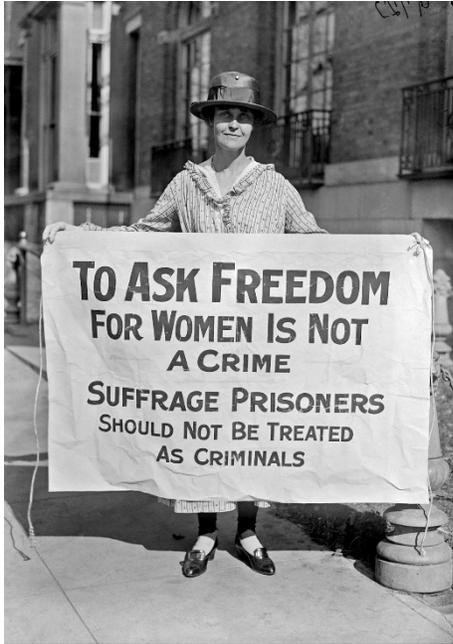
With five Women's Studies minors ready to graduate this semester, we certainly have cause to celebrate! Please join me in congratulating the following students who are sure to continue their commitment to feminist scholarship and activism in their future endeavors.

- **Jessica Cebula**
 - **Angela Lowry**
 - **Michela Pusterla**
 - **Jennifer Cedillo**
 - **Kaitlyn Malinowski**
-

4. DID YOU KNOW?

2020 Marks a Very Special Women's History Month:

Valiant Women of the Vote



The 2020 Women's History Month theme celebrates the women who have fought for woman's right to vote in the United States. In recognition of the centennial of the 19th Amendment, the United States will honor women from the original suffrage movement as well as 20th and 21st century women who have continued the struggle in their fight against poll taxes, literacy tests, voter roll purges, and other more contemporary forms of voter suppression to ensure voting rights for all.

Women's History Month was initiated in the U.S. in 1978 as "Women's History Week" by the Education Task Force of the Sonoma County (California) Commission on the Status of Women. After the great success of the local celebration, dozens of schools planned special programs for Women's History Week. Over one-hundred community women participated by doing special presentations in classrooms throughout the country.

In 1979, Molly Murphy MacGregor participated in The Women's History Institute at Sarah Lawrence College, chaired by historian, Gerda Lerner and attended by national leaders of organizations for women and girls. When the participants learned about Women's History Week, they decided to initiate similar celebrations within their own organizations, communities, and school districts. They also agreed to support an effort to secure a "National Women's History Week."

In February 1980 President Carter issued the first Presidential Proclamation declaring the Week of March 8th 1980 as National Women's History Week. By 1986, 14 states had declared March as Women's History Month. This momentum and state-by-state action was used as the rationale to lobby Congress to declare the entire month of March 1987 as National Women's History Month. In 1987, Congress declared March as National Women's History Month in perpetuity. A special Presidential Proclamation is issued every year.

And, in 2020, collective action and shared ownership for driving gender equality is what makes Women's History Month and International Women's Day on March 8 successful. Gloria Steinem, world-renowned feminist, journalist and activist had this to say, "The story of women's

struggle for equality belongs to no single feminist nor to any one organization but to the collective efforts of all who care about human rights.

Below are a few simple ways to celebrate Women's History Month and to help celebrate women's achievements:

- **Write a thank you note to a woman that inspires you**

There is no better way to make someone's day than telling them they've made an impact in your life. Writing it down in a note makes it so they can keep your words with them forever. Hand-deliver the note or send it in the mail and add some sunshine to a woman's day.

- **Watch these inspiring TED Talks for Women**

Ted has compiled a list of Ted Talks specifically for feminists. Check it out [HERE](#). Be sure to also watch Kimberle Crenshaw's [The Urgency of Intersectionality](#), Peggy McIntosh's [How Studying Privilege Systems Can Strengthen Compassion](#), and Chimamanda Adichie's [The Danger of the Single Story](#).

- **Read about the women that inspire us**

[HERE](#) are 5 Women that Moved Ideas Forward to inspire us all.

- **Donate your time, talent or treasure to organizations that support girls**

There are three major ways to show an organization that you support their mission: give them time by showing up to serve, talent by using your skill set to help out, or treasure by making a financial contribution.

Volunteering and making donations with girls shows them how valuable giving back to the community is and makes them far more likely to continue the tradition as an adult. Find a service organization in your community like the [Family Crisis Resource Center](#) or check out these awesome organizations:

- [Girls Who Code](#)
- [Women for Women International](#)
- [The Malala Fund](#)
- [Invisible Girl Project](#)

- [Equality Now](#)
- [Global Fund for Women](#)
- [Girls Write Now](#)
- [Girls On The Run](#)

- **Register to Vote!**

There's a lot happening politically that affects the daily lives of women. Make sure you're registered to vote [HERE!](#)

- **Women's History? There's an app for that.**

Now you can download the [Field Trip app](#) and turn on the "[Women on the Map](#)" feature created by Spark to get an alert when you're near a place where women made history.

- **Make Women's History Month more colorful!**

Check out [education.com](#) and download these fun girl power coloring pages. There for kids and adults!

- [Rosie the Riveter](#)
- [Jane Goodall](#)
- [Florence Nightingale](#)
- [Sally Ride](#)
- [Marie Curie](#)

5. STUDENT ORGANIZATIONS

AMERICAN ASSOCIATION OF UNIVERSITY WOMEN

The Women's Studies program is actively organizing a student chapter of the national organization, AAUW. While student organizations take AAUW's mission to the next level by [raising funds for their organization](#) and planning feminist campus events, they also gain valuable experience and see direct results on their campuses! AAUW student organization members can:

- [Boost their résumés](#) with critical leadership experience

- Gain networking opportunities through [AAUW's leadership programs](#)
- Get [AAUW swag](#) to recruit other student members
- Receive resources and staff support to [create campus programming](#)
- Join a global network of more than 170,000 members and supporters

The best part? Your involvement with AAUW doesn't stop after you graduate! AAUW helps women [continue their education](#) and [prepares them for the workforce](#). The global support network you build with your AAUW student organization lasts a lifetime.

Those interested students should contact Eleanor Doucette at eadoucette0@frostburg.edu.

SPECTRUM

Connect with FSU's LGBTQ student organization on Twitter [@spectrumfsu](#). The Club strives to provide a safe space for everyone on campus, to promote equality for everyone, and to make a positive impact on our community for LGBTQ students, faculty, and youths.

For more information, contact Carlee Garitty at cgaritty0@frostburg.edu

6. THE TWO-MINUTE ACTIVIST

Making Social Media Work for Feminists

Online activism offers the possibility to empower marginalized voices and to open up the possibility of social change. When coordinating action, Twitter is valuable as it empowers activist groups and participants to create an ongoing and often immediate communication channel that connects folks across the globe.

But, how can we make Twitter work most effectively for us?

Here is an article by feminist Samukelisiwe Mabaso that describes 10 ways to make Twitter work for feminism. Enjoy!

****If you would prefer not to receive these periodic updates and announcements please email Dr. Earles at jlearles@frostburg.edu to be removed from the list****