

**Exercise & Sport Science**  
2017-2019 Undergraduate Catalog (Supplement)

<b>Semester 1 - Fall</b>				
<i>Note: Courses checked in the major column require a grade of C or better.</i>	Credits	Major	Other	GEP
BIOL 149 – General Biology	4	X		C
ENGL 101 – First-Year Composition	3			CS1
EXSS 103 – Foundations of EXSS	3	X		
EXSS 175 – Found. Resistance Training	1	X		
IDIS 150 – First-Year FSU Colloquia	3			E
ORIE 101 – Intro. to Higher Education	1		X	
<b>Semester Total</b>	<b>15</b>			

<b>Semester 2 - Spring</b>				
<i>Note: Courses checked in the major column require a grade of C or better.</i>	Credits	Major	Other	GEP
EXSS 115 – Group Exercise Instruction	3	X		
MATH 109 – Probability & Statistics	3	X		CS3
PSYC 150 – General Psychology	3	X		D
GEP Humanities	3			B
CHEM 150 or CHEM 201 or PHYS 215	4	X		C
<b>Semester Total</b>	<b>16</b>			

<b>Semester 3 - Fall</b>				
<b>*Fall Only</b> <i>Note: Courses checked in the major column require a grade of C or better.</i>	Credits	Major	Other	GEP
BIOL 321* - Anatomy & Physiology I	4	X		
EXSS 200 – Nutrition	3	X		
GEP Fine & Performing Arts	3			A
GEP Humanities	3			B
Program Elective	3	X		
<b>Semester Total</b>	<b>16</b>			

<b>Semester 4 - Spring</b>				
<b>**Spring Only</b> <i>Note: Courses checked in the major column require a grade of C or better..</i>	Credits	Major	Other	GEP
BIOL 322** - Anatomy & Physiology II	4	X		
EXSS 305 – Care & Prevention	3	X		
EXSS 315 – Nutrition Physically Active	3	X		
GEP Social Science	3			D
Program Elective	3	X		
<b>Semester Total</b>	<b>16</b>			

<b>Semester 5 - Fall</b>				
<i>Note: Courses checked in the major column require a grade of C or better.</i>	Credits	Major	Other	GEP
ENGL 3xx – Advanced Writing	3			CS2
EXSS 303 – Biomechanics	3	X		
EXSS 341 – Psych of Physical Activity	3	X		
GEP Identity & Difference	3			F
Program Elective	3	X		
<b>Semester Total</b>	<b>15</b>			

<b>Semester 6 - Spring</b>				
<i>Note: Courses checked in the major column require a grade of C or better.</i>	Credits	Major	Other	GEP
EXSS 306 – Organization & Admin	3	X		
EXSS 401 – Physiology of Exercise	3	X		
EXSS 435 – Lifespan Health & Fitness	3	X		
FSU Colloquia II	3			E
Program Elective	3	X		
<b>Semester Total</b>	<b>15</b>			

<b>Semester 7 - Fall</b>				
<i>Note: Courses checked in the major column require a grade of C or better.</i>	Credits	Major	Other	GEP
EXSS 410 – Advanced Strength Training	3	X		
EXSS 411 – Evaluation & Prescription	3	X		
EXSS 482 – Field Experience	3	X		
Technology Fluency Course	3		TF	
General Elective	3		X	
<b>Semester Total</b>	<b>15</b>			

<b>Semester 8 - Spring</b>				
<i>Note: Courses checked in the major column require a grade of C or better.</i>	Credits	Major	Other	GEP
EXSS 492 – Seminar in Health Fitness	3	X		
EXSS 495 – Internship in Health Fitness	9	X		
<b>Semester Total</b>	<b>12</b>			