Frostburg State University offers an Emphasis in Addictions Counseling to help prepare you to be a licensed addiction counselor. The University also offers additional courses you can take to prepare for state certification. Below is information on FSU’s Emphasis followed by information on Maryland state certification.

**Emphasis in Addictions Counseling at Frostburg State University**

**Complete a minimum of 16 credit hours distributed as follows:**

**a. Required Courses:** (13 hours)

ALL of the following:

- PSYC 150/151 General Psychology (GEP Group D)
- PSYC 386 Drugs and Human Behavior
- PSYC 387 Addictions Treatment Delivery
- PSYC 388 Treatment Issues and Theory in Addictions
- PSYC 389 Ethics for the Addiction Counselor

**b. Elective:** (3 hours)

Select ONE of the following:

- PSYC 385 Group Processes
- PSYC 410 Introduction to Counseling
- SOWK 379 Foundations for Generalist Practice
- SOWK 473 Generalist Practice with Groups

**Additional Maryland State Certification Information**

The Board of Professional Counselors and Therapists oversees the following regulations for Addictions Counselors in Maryland. There are two levels of Maryland state certification relevant to the undergraduate student, which are briefly described below. These levels pertain to those who want to apply for and take the state exam above and beyond any requirements for the undergraduate major. For complete requirements, contact:

Board of Professional Counselors and Therapists
4201 Patterson Ave.
Baltimore, MD 21215-2299
410.764.4732

**Certified Supervised Counselor – Alcohol and Drug (CSC-AD):**

- Associate degree in a health or a human service counseling field
- 15 credit hours of alcohol and drug counselor training with at least 1 credit hour in ethics of alcohol and drug counseling and the remaining credits from the list of topics areas (see below).

**Certified Associate Counselor – Alcohol and Drug (CAC-AD):**

- Bachelor’s degree in a health or human services counseling field
  - At FSU, students majoring in psychology or social work are automatically eligible, while majors in law and society, sociology or other areas will be considered on a case-by-case basis.
  - 20 credit hours of alcohol and drug counselor training with at least 1 credit hour in ethics of alcohol and drug counseling and the remaining credits from the list of topics areas (see below).

*Completing one of these degree programs AND taking the required alcohol and drug counselor training courses are the first steps in meeting certification requirements. At the bachelor’s degree level you must also have at least three years or 3,000 hours of supervised experience, and two years of the experience must have been completed after the award of the degree. You will also have to pass an examination selected by the Board.

**List of Topic Areas**

The credit hour requirement must be satisfied from the following content areas. Each area is followed by the appropriate FSU course(s); all are 3-credit courses except Ethics. Be aware that although bachelor’s degree counselors need only 20 credit hours from the following list to satisfy the course requirement, your examination will cover ALL CONTENT AREAS.

1. Pharmacology of Psychoactive Drugs
   - PSYC 386
2. Individual Counseling Techniques
   - PSYC 410, SOWK 379
3. Group Therapy Techniques
   - PSYC 385, SOWK 473
4. Abnormal Psychology
   - PSYC 317
African American Studies

Minor

Coordinator:
Dr. Amy Armiento, Associate Professor, Department of English

Professors:
Bullamore, Saku (Geography), Makang (Philosophy), Moore (Sociology), O’Rorke (Political Science), Yost-Rushton (Theatre and Dance)

Associate Professors:
Abbay (History), Redmond (Psychology), Rogers Thomas (Sociology)

Assistant Professor:
English (Visual Arts)

Lecturers:
Stevenson (Athletics), Wynder (Diversity Center)

You may minor in African American Studies. There is no major available.

All courses in African American Studies may be taken whether or not you wish to pursue the minor.

A listing of Special Topics courses offered for the minor in future semesters is available through the Coordinator.

Summary of Requirements for Minor in African American Studies

<table>
<thead>
<tr>
<th>Minor</th>
<th>MINOR</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hours Required in African American Studies:</td>
<td>3-18</td>
</tr>
<tr>
<td>Hours Required in Other Departments:</td>
<td>0-15</td>
</tr>
<tr>
<td>Total Hours Required:</td>
<td>18</td>
</tr>
</tbody>
</table>

**Although FSU does not currently offer an undergraduate course in family counseling, SOWK majors taking SOWK 470, Generalist Practice with Individuals and Families, will find this course helpful in their preparation for family counseling issues covered on the examination.