Athletic Training

Major

| Hours Required in Kinesiology: | 75 |
| Hours Required in Other Departments: | 18 |
| Total Hours Required: | 93 |

Admission Requirements

To be considered for full admission into the Athletic Training Program (ATP), the student must meet each of the following criteria:

1. Completion of a minimum of 28 semester hours. Transfer students are required to have prerequisite course work approved by the ATP Program Director.
2. A minimum 3.0 overall GPA.
3. A minimum of a “B” grade in each of the following courses:
   a. BIOL 149 General Biology
   b. HEED 103 Foundations of Exercise & Sport Science
   c. HEED 206 Introduction to Athletic Training
4. Satisfactory completion of 50 observational hours in the FSU athletic training clinic. The student must make arrangements with the Program Director prior to starting observation.
5. A completed formal application for admission into the ATP, including an essay.
6. Two completed recommendation forms from non-Athletic Training faculty members.
7. Completion of a formal interview with the ATP selection committee.
8. Signed copy of the Technical Standards for admission into the Athletic Training Program.

In addition to the previous criteria, the student must have a physical examination and medical history form completed by the appropriate health care provider. The student must also submit a copy of the immunization records required of all incoming FSU students. All students must also receive Hepatitis B vaccination before they are accepted.

Application Review Process

1. Students who have met the above minimum requirements will be evaluated on the following scale:
   - Overall GPA: 40 percent
   - Prerequisite GPA: 30 percent
   - Faculty Recommendations: 20 percent
   - Interview: 5 percent
   - Application/Essay: 5 percent

2. The following scale will be used to evaluate the quality of the applicant.
   - 4.0-3.0: Student considered for full admission
   - Below 3.0: Student may be considered for full admission

The total number of students that can be accepted into the program depends on the availability of clinical placements. Meeting the criteria listed in the section on the Application Review Process does not guarantee acceptance into the Athletic Training Program.

Maintaining Advanced Good Standing in Athletic Training Education Program

Once admitted, the Athletic Training student must maintain the following to remain fully admitted:

1. A minimum overall GPA of 3.0
2. A minimum grade of “B” in each of the required courses in the major
3. Current certifications in First Aid and CPR
4. Attendance at the annual OSHA bloodborne pathogens presentation

Students who fail to meet 1 and/or 2 have one academic year to correct the deficiency before being dismissed from the ATP. Violations of 3 and/or 4 will result in an immediate suspension of clinical experiences until the student is in compliance.
### Summary of Requirements for Major in Athletic Training

**Major**

1. **KINE Courses:** (75 hours)
   - HEED 103 Foundations of Exercise & Sport Science
   - HEED 200 Nutrition
   - HEED 206 Introduction to Athletic Training
   - HEED 210 Athletic Taping and Bracing Techniques
   - HEED 222 Emergency Medical Techniques in Athletic Training
   - HEED 223 Clinical Experiences in Athletic Training I
   - HEED 318 Orthopedic Assessment I Upper Extremity
   - HEED 319 Orthopedic Assessment II Lower Extremity
   - HEED 320 Pharmacology and General Medical Conditions
   - HEED 322 Clinical Experiences in Athletic Training II
   - HEED 323 Clinical Experiences in Athletic Training III
   - HEED 340 Organization and Administration of Athletic Training
   - HEED 408 Therapeutic Modalities in Sports Medicine
   - HEED 413 Rehabilitation Techniques in Sports Medicine
   - HEED 414 Advanced Rehabilitation Techniques in Athletic Training
   - HEED 422 Clinical Experiences in Athletic Training IV (Capstone)
   - HEED 423 Clinical Experiences in Athletic Training V (Capstone)
   - HEED 450 Evidence-Based Practice in Athletic Training
   - HEED 480 Capstone I in Athletic Training
   - HEED 485 Capstone II in Athletic Training
   - PHEC 175 Foundations of Resistance Training
   - PHEC 303 Biomechanics for Exercise and Sport Science
   - PHEC 341 Psychology of Physical Activity
   - PHEC 401 Physiology of Exercise
   - PHEC 410 Advanced Strength Training
   - PHEC 411 Evaluation and Prescription in Fitness
   - PHEC 435 Lifespan Health and Fitness

2. **Courses in Other Departments:** (18 hours)
   - BIOL 149 General Biology (GEP Group C)
   - BIOL 321 Anatomy & Physiology I
   - BIOL 322 Anatomy & Physiology II
   - MATH 109 Elements of Applied Probability and Statistics (Core Skill 3)
   - PSYC 150 General Psychology (GEP Group D)

### Coaching Minor

**Coordinator:**
Troy Strieby, Assistant Professor, Department of Kinesiology

**Professor:**
R. Lewis

**Assistant Professors:**
Strieby, Wright

- Field experience required in school program. Recommended during senior year.
- You cannot major in coaching.

### Summary of Requirements for Minor in Coaching

**Minor**

- **All of the following:** (16 hours)
  - HEED 305 Care and Prevention of Athletic Injuries
  - PHEC 175 Foundations of Resistance Training
  - PHEC 405 Psycho-Social Foundations of Sport
  - PHEC 412 Principles of Coaching
  - PHEC 420 Sports Law and Ethics
  - PHEC 481 Field Experience in Coaching

- **Two from among:** (6 hours)
  - PHEC 360 Theory of Track & Field
  - PHEC 361 Theory of Football
  - PHEC 362 Theory of Baseball
  - PHEC 364 Theory of Basketball
  - PHEC 365 Theory of Volleyball
  - PHEC 366 Theory of Soccer
  - PHEC 369 Theory of Softball

### Summary of Hours Required

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<th>Requirement</th>
<th>Minor</th>
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<tr>
<td>Hours Required in KINE:</td>
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<tr>
<td>Hours Required in Other Departments:</td>
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<td>Total Hours Required:</td>
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