Recreation and Parks Management

Major

Minor

Concentrations in
- ADVENTURE SPORTS
- COMMUNITY PROGRAM DELIVERY
- HOSPITALITY MANAGEMENT & TOURISM
- THERAPEUTIC RECREATION

Professors:
Blankenship, Gray, Kauffman
Assistant Professor:
Dougherty
Affiliated Faculty:
Debra Frank, Allegany College of Maryland;
Mike Logsdon, Garrett College

Program accredited by the Council on Accreditation of Parks, Recreation, Tourism and Related Professions (COAPRT)

You are required to complete RECR 497, which includes attendance at one state, regional or national conference during your junior or senior year, and current certification in CPR and first aid.

This program may also be completed at the Community College of Baltimore County - Catonsville. Interested students may contact Maureen Dougherty, coordinator of the FSU Recreation and Parks program at CCBC, 443.840.4603.

Legal residents of Delaware may complete a recreation and parks management degree at Maryland resident tuition rates through the SREB Academic Common Market (ACM). You may retain your eligibility if you select the additional requirement options of a minor, an associate degree or a concentration. If you already have a bachelor’s degree from another institution or pursue a second major at FSU, you are not eligible to participate in ACM.

* courses offered only at Garrett College

Summary of Requirements for Major/Minor in Recreation and Parks Management

<table>
<thead>
<tr>
<th>Major</th>
<th>Minor</th>
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<tbody>
<tr>
<td>Concentrations: No Concentration</td>
<td>Comm. Prg. Delivery</td>
</tr>
<tr>
<td>Hours Required in Department: 36</td>
<td>48</td>
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<tr>
<td>Hours Required in Other Departments: 3</td>
<td>18</td>
</tr>
<tr>
<td>Additional Hours Required: 0</td>
<td>0</td>
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<tr>
<td>Total Hours Required: 39</td>
<td>66</td>
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1. Discipline Core: (36 hours)
RECR 201 Introduction to Recreation and Parks
RECR 342 Park and Facility Design
RECR 380 Recreation Leadership
RECR 382 Program Planning
RECR 388 Research Methods in Recreation and Parks
RECR 440 Organization and Administration of Recreation and Parks
RECR 443 Issues and Risk Management in Recreation and Parks
RECR 491 Practicum and Professional Seminar
RECR 492 Internship Project (Capstone)
RECR 495 Internship in Recreation
RECR 497 Out-of-class Requirements (see bullets at left)

2. Courses Outside Department: (3 hours)
COSC 100/110 Intro. to Computer Science (Tech. Fluency)

3. Complete one of the following:
a. a second major
b. a minor
c. an associate degree
d. a bachelor’s degree from another institution
e. a concentration within the major as follows:

I. Community Program Delivery Concentration (27 hours)

A. Recreation: (12 hours)
Select four of the following:
ADSP 381 Facilitation Skills and Techniques in Recreation and Parks
RECR 201 Introduction to Recreation and Parks
RECR 342 Park and Facility Design
RECR 388 Research Methods in Recreation and Parks
RECR 394 Environmental Interpretation
RECR 394 Principles of Ecotourism
RECR 480 Field Experience in Recreation and Parks (3 credits)
HLTH 101 Community Health Promotion
HLTH 125 Health and Culture (GEP Group F)
HLTH 330 Epidemiology of Health
ASI 110 Backcountry and Outdoor Living Skills*

B. Psychology: (6 hours)
PSYC 150 General Psychology (GEP Group D)
PSYC 210 Child Development or PSYC 212 Adolescence and Adulthood

C. Sociology: (6 hours)
SOCI 100 Intro. to Sociology (GEP Group D)
Select one of the following:
SOCI 200 Social Problems
SOCI 322 Social Demography
SOCI 325 Community Analysis
SOCI 326 Sociology of Rural Life
SOCI 328 Sociology of Urban Life
SOCI 366 Social Inequality

D. Communications Studies: (3 hours)
Select one of the following:
CMST 102/112 Introduction to Human Communications
CMST 122 Introduction to Public Speaking
CMST 215 Small Group Communication
CMST 300 Interpersonal Communication
CMST 322 Presentational Communication

2. Electives: (15 hours)
Select five additional RECR courses, at least four of which must be at the 300- or 400- level, excluding field experiences and internships (RECR 480, RECR 492 and RECR 495).
**II. Adventure Sports Concentration** (27-28 hours)

**A. Two ASI skills courses:** (2 hours)*

Any two courses from Section B, C, D or E

**B. Two Introductory Level Courses:** (2 hours)*

Examples include but are not limited to:

- ASI 111 Beginning Orienteering
- ASI 115 Wilderness Survival Skills
- ASI 120 Introduction to Traditional Rock Climbing
- ASI 121 Rock Craft 1
- ASI 130 Introduction to Whitewater Kayaking
- ASI 131 Introduction to Paddlesports
- ASI 133 Introduction to Whitewater Canoeing
- ASI 136 Introduction to Rafting and River Guiding
- ASI 138 Introduction to Sea Kayaking
- ASI 140 Introduction to Cross Country Mountain Biking
- ASI 145 Mountain Bike Mechanics I
- ASI 150 Beginning Alpine Skiing
- ASI 154 Beginning Snowboarding
- ASI 158 Cross Country Skiing
- ASI 159 Introduction to Telemark Skiing
- ASI 180 Introduction to New Games/Initiatives/Low Ropes Challenge Course
- ASI 190 Beginning Open Water SCUBA
- ASI 192 Basic Sailing

**C. Three Intermediate Level Courses:** (3 hours)*

Examples include but are not limited to:

- ASI 117 Cold Weather Outdoor Living Skills
- ASI 210 Winter Adventure Skill
- ASI 212 Eastern Mountaineering
- ASI 220 Rock Craft 2
- ASI 221 Rock Craft 4
- ASI 222 Rock Craft 5
- ASI 226 Ice Climbing
- ASI 230 Whitewater Kayaking Techniques I
- ASI 231 Whitewater Kayaking Techniques II
- ASI 232 Whitewater Freestyle Kayaking
- ASI 233 Whitewater Canoeing Techniques I
- ASI 236 Whitewater Rafting Technique Development
- ASI 238 Sea Kayaking Techniques
- ASI 240 Intermediate Cross Country Mountain Biking
- ASI 244 Downhill and Dual-Slalom
- ASI 247 Mountain Bike Mechanics Certification
- ASI 258 Cross Country Skiing Techniques I
- ASI 280 Intermediate Ropes Course

**D. One Instructor/Guide Level Course:** (1 hour)*

Examples include but are not limited to:

- ASI 270 Rock Craft 6: Rock Climbing Instructor Development
- ASI 271 Wilderness Guide Instructor Training (LNT Master Educator)
- ASI 273 Mountain Bike Guide Development and Certification
- ASI 274 Ski School Instructor Training
- ASI 276 Whitewater Kayak Instructor Training
- ASI 277 Whitewater Rafting Instructor Training
- ASI 279 Challenge Course Facilitation

**E. One Rescue Level Course:** (1 hour)*

Examples include but are not limited to:

- ASI 160 Swift Water Rescue
- ASI 162 Fundamentals of Search and Rescue
- ASI 260 Rock Craft 3: Vertical Rock Rescue

**F. Take all of the following:** (9 hours)

- ASI 110 Backcountry Living Skills *
- ASI 164 Wilderness First Responder *
- RECR 393 History and Philosophy of Outdoor Recreation or HUM 210 Society & the Environment *

**G. Communications Studies:** (3 hours)

Select one of the following:

- CMST 102/112 Intro to Human Communications
- CMST 122 Introduction to Public Speaking
- CMST 132 Introduction to Interpersonal and Small Group Communication
- CMST 215 Small Group Communication

**H. Select two of the following:** (6-7 hours)

- ACCT 211 Financial Accounting
- BIO 110 Natural History (4 credit hours ) *
- MGMT 251 Management of Organizations
- MGMT 315 New Business Ventures
- PSYC 150 General Psychology (GEP Group D)
- PSYC 210 Child Psychology
- PSYC 212 Adolescence and Adulthood
- PSYC 317 Abnormal Psychology
- PSYC 385 Group Processes
- PSYC 386 Drugs and Human Behavior
- PSYC 410 Introduction to Counseling
- RECR 394 Environmental Interpretation
- RECR 448 Principles of Ecotourism

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**III. Hospitality Management & Tourism Concentration** (27 hours)

**A. Recreation courses:** (3 hours)

- RECR 384 Special Events Management
- RECR 448 Principles of Ecotourism

**B. Tourism courses:** (3 hours)

- GEOG 454 Geography of Tourism
- or GEOG 455 Tourism Planning
- or **30-120 Principles of Travel/Tourism

**C. Hotel and Resort courses:** (19 hours)

- **30-110 Food Service Sanitation

**D. Business courses:** (3 hours)

- ACCT 211 Financial Accounting
- or **61-109 Practical Accounting/Bookkeeping

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*Garrett College courses
**Allegany College of Maryland courses

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The adventure sports concentration is a collaborative program between Garrett College and Frostburg State University.

You may enroll in this program at Frostburg State University and take adventure sports courses at Garrett College, or you may complete your first two years at Garrett College and then transfer to FSU.

If you complete the Adventure Sports concentration, you will be eligible to receive an AAS in adventure sports at Garrett College.

Legal residents of South Carolina, Virginia and West Virginia may complete a recreation and parks management degree (adventure sports concentration only) at Maryland resident tuition rates through the SREB Academic Common Market (see Admissions section of the catalog).
IV. Therapeutic Recreation Concentration  (41-44 credits)

A. Complete a 560-hour consecutive internship under both NCTRC-certified site and internship supervisors.

B. Recreation Courses:  (15 hours)
- RECR 221 Introduction to Therapeutic Recreation
- RECR 321 Therapeutic Recreation Practices and Procedures
- RECR 421 Client Assessment and Evaluation in Therapeutic Recreation
- RECR 422 Administration and Supervision of Therapeutic Recreation
- RECR 423 Advanced Facilitation Methods for Clinical and Community Setting in Therapeutic Recreation

C. Anatomy and Physiology:  (4 hours)
- BIOL 211 Essentials of Anatomy and Physiology
  or BIOL 109 Anatomy and Physiology***

D. Abnormal Psychology:  (3 hours)
- PSYC 317 Abnormal Psychology
  or PSYC 201 Abnormal Psychology***

E. Human Growth and Development through the Life Span:  (3-6 hours)
- PSYC 103 Principles of Human Growth/Development***
  or PSYC 208 Introduction to Lifespan Development
  or PSYC 210 Child Psychology and PSYC 212 Adolescence and Adulthood

F. Human Services and Related Biological and Physical Sciences:  (16 hours)
- BIOL 149 General Biology I (GEP) (4)
  or BIOL 101 General Biology (4)***
- PSYC 150/151 General Psychology (GEP)
  or PSYC 101 Introduction to Psychology***

Select 3 courses from:
- BIOL 202 Anatomy and Physiology II
- PSYC 213 Psychology of Adjustment
- PSYC 250 Death and Dying
- PSYC 404 Psychology of Exceptional Children
- PSYC 409 Human Learning and Cognition
- PSYC 418 Social Psychology
- PSYC 489 Child and Adolescent Disorders
- PSYC 410 Introduction to Counseling
- SOCI 100 Introduction to Sociology (GEP)
- SOCI 200 Social Problems
- SOCI 203 Sociology of Deviant Behavior
- SOCI 340 Criminology
- SOCI 442 Juvenile Delinquency
- SOCI 468 Sociology of Later Life
- PHEC 303 Biomechanics for Exercise Science
- SOCI 101 Introduction to Sociology***
- BIOL 202 Human Anatomy and Physiology II***
- BIOL 201 Human Anatomy and Physiology I***

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** Allegany College of Maryland courses
*** CCBC, Catonsville courses