How to Apply

STEP 1:
Apply Online: Students should complete an application for admission to Frostburg State University. The application may be submitted online with a $30 application fee; the application fee is waived if the student completes the application while meeting with an Admissions counselor.

STEP 2:
Send Transcripts: Students must submit official college transcripts for all previous college credits. The Admissions Office will review all transcripts and give each advisor a transcript evaluation form to see what credits have transferred in from previous colleges.

STEP 3:
Tuition Deposit: Students will receive an acceptance letter from the Admissions Office if they meet admission criteria. If the student accepts the offer to attend FSU, a $150 deposit is required.
Why Choose FSU?

**Affordability:** We understand that going back to school can be a financial hardship; that’s why FSU is reasonably priced compared to other online RN-BSN programs!

**Accessibility:** The campus is close enough to home to facilitate on-campus connections.

**Convenience:** You can complete your coursework from anywhere and anytime that fits into your busy schedule.

**Personal Attention:** You will be part of small classes so you can have one-on-one attention, and caring faculty for assistance.

**Knowledge You Can Use:** Our program is based on skills and knowledge that will benefit your practice!

### Tuition and Fees

**Tuition/Fees:**
- In-state tuition and fees for part time credits = $237 per credit hour
- Contiguous county part time credits = $346 per credit hour
- Out-of-state part time credits = $451 per credit hour

**Example Totals:**
- Six credits for in-state student per semester = $1,422.00
- Total cost of program for 32 credit hours = $7,584.00

*Check with employer for tuition reimbursement opportunities.*

**Additional Information:**
Contact the Financial Aid Office at 301.687.4301 for information about student loans and scholarship opportunities.

### Sample Progression Plan

#### Fall Semester Start

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* Courses offered in both summer and fall

**Nursing elective can be taken during any semester**

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“*I didn’t think that I would enjoy the online process because of the limited amount of social interaction that is involved. As it turns out, we have come together very well as a class and built networks and support systems for one another that are equivalent to a classroom experience.*”

-Emily Keiper, RN
Nursing Courses

NURS 401 Health Assessment 3 cr.
Comprehensive holistic assessment theory and concepts, inclusive of physical, emotional, cultural, nutritional, spiritual, and social assessment skill sets. Specific skills include, but are not limited to, interviewing and history-taking skills, physical exam skills, and the identification of data-based health problems via integrated lab modules within the course. Prerequisite: HEED 200

NURS 402 Nursing Research and Evidence-Based Practice 3 cr.
Theory and methods of qualitative and quantitative research provide basic knowledge for reading and understanding nursing research. Theory and concepts of evidence-based nursing practice, including formulating a clinical problem, identifying sources of evidence, using clinical guidelines, disseminating evidence, and motivating for change based on scientific evidence. Prerequisite: Math 209

NURS 403 Elements of the Professional Nursing Role 3 cr.
Implementation of the professional nursing role within the rapidly changing healthcare system. Identifying shifting demographic and social trends while maintaining caring and compassionate values. Focuses on concepts such as patient-centered care; interdisciplinary collaboration; elements of safe, quality care; nursing diversity in roles, organizations, and culture; and finally professional identity and image.

NURS 404 Nursing Informatics 3 cr.
Introduction to nursing informatics as it applies to data, information, knowledge, and wisdom within the areas of administration, education, practice, and research. Basic informatics competencies will include day-to-day, safe, quality patient care; interdisciplinary collaboration; decision support systems and use-cases; workflow analysis and implementation; standardized terminologies; and privacy and security issues.

NURS 405 Ethics in Contemporary Nursing Practice 3 cr.
Application of ethical decision-making in current nursing practice. Critical elements consist of discovery of individual ethical viewpoint and framework including individual biases; principles and legal concepts; and examination of contemporary ethical issues such as genomics, patient and employee rights, healthcare ethics and organizational committees.

NURS 406 Leadership for Quality and Safety 3 cr.
Examination of leadership skills necessary to understand and develop a culture of quality and safe patient care. Concepts include decision-making, conflict resolution, communication, motivation, organizational structure, resource management, quality improvement processes and instruments, and tools for safeguarding patients. These concepts form the basis for examination of quality improvement approaches, nurse sensitive indicators, and safety principles, in addition to national quality and safety initiatives.

NURS 494 Population-Focused Nursing Practice 6 cr.
Introduction to the role of the professional nurse in promoting health and preventing disease in the community health setting. Epidemiological, sociological, and environmental concepts examined with a focus on the health status of aggregates. Students will prepare a proposal for a clinical experience site in their community and work directly with a preceptor upon approval of the instructor and program coordinator. The course consists of a community health assessment/analysis in theory and 135 hours of Clinical Experience. 3 hrs lecture, 9 hrs. clinical.

NURS 496 Capstone Project 2 cr.
Represents the synthesis of theoretical and clinical knowledge and skills for the professional baccalaureate-prepared nurse. Focuses on critical thinking, professional collaboration and community engagement in the planning and implementation of a project designed to meet an identified health need.

“What I like best about the program is the convenience. I can set my own pace and complete activities as they fit into my schedule”.
-Elizabeth Goldsborough, RN
Graduation Requirements

General Education Program  (42 Credits)

Core Skills
- Freshman Composition .................................................. 3 Credits
- Advanced Composition (300 level English) .......................... 3 Credits
- Elements of Probability and Statistics ............................... 3 Credits

Modes of Inquiry
- Fine Art
  - Music/Dance/Art Appreciation ........................................... 3 Credits
- Humanity Courses
  - History/Philosophy/Language/Literature ............................ 6 Credits
- Natural Science
  - Chemistry 201 ............................................................... 4 Credits
  - Anatomy and Physiology 1 .............................................. 4 Credits
- Social Science
  - Psychology ................................................................. 3 Credits
  - Sociology ................................................................. 3 Credits
- FSU Colloquia
  - Microbiology ............................................................. 4 Credits
  - Human Growth and Development .................................... 3 Credits
- Identity and Difference
  - Cultural Course (Ex. Human Geography) .......................... 3 Credits

Additional Courses  (6 Credits)
- Anatomy and Physiology 2 ................................................ 4 Credits
- Nutrition ................................................................. 3 Credits

Nursing License  (30 Credits)

RN-BSN Courses  (32 Credits)
- NURS 401 Health Assessment........................................... 3 Credits
- NURS 402 Nursing Research............................................ 3 Credits
- NURS 403 Elements of Professional Nursing Role................ 3 Credits
- NURS 404 Nursing Informatics........................................ 3 Credits
- NURS 405 Ethics in Contemporary Nursing Practice .......... 3 Credits
- NURS 406 Leadership for Quality and Safety....................... 3 Credits
- NURS 494 Population-Focused Nursing Practice ................... 6 Credits
- NURS 496 Capstone Project ............................................. 2 Credits
- Nursing Elective .......................................................... 3 Credits
- MGMT 356 ................................................................. 3 Credits

* Chemistry 201 must be completed prior to entering any Nursing courses. The chemistry course must be equivalent to CHEM 201 General Chemistry at FSU.
** Nutrition must be completed before taking NURS 401 Health Assessment
*** Statistics must be completed before taking NURS 402 Nursing Research
**** General Education Program may be different if the student is a re-entry to FSU or is a second degree
***** Minimum 120 credits needed for graduation, additional 6 transfer credits needed for this sample plan to meet graduation requirements