

To: Benefit Eligible Employees
From: Benefit Coordinators
Date: 2/15/23
Subject: Save the date! 2023 USM-sponsored MetLife Benefits Annual Enrollment is March 1 - March 15



SAVE THE DATE USM-SPONSORED METLIFE BENEFITS

2023 Annual Enrollment is March 1 – March 15

Get ready for the annual enrollment for the USM-sponsored MetLife benefits. If you work 20 or more hours per week and are either a *Regular* or *Contingent II* employee, this is your **once-a-year opportunity to newly enroll or make changes to your MetLife Optional Life and Long Term Disability insurance***.

Available again this year:

- **Optional Life insurance** is a cost-effective way to help protect your family and your finances. It helps ensure your short- and long-term financial obligations could be met if something unforeseen happens to you.
- **Long Term Disability (LTD) insurance** helps protect your income when you are unable to work due to illness or injury – it replaces a portion of your income for an extended disability.

Note, if you already participate in one or both of these benefits, your current **coverage will continue, with no action required**. During this year's Annual Enrollment, **you may either newly enroll or change your coverage**. Elections you make during this enrollment period will be effective April 1, 2023 or the first of the month following MetLife's approval of your request.*

Look for upcoming emails with more information!

* You will need to provide Evidence of Insurability and be approved for coverage.