

FSU Procedures
USM Policy on Wellness Programs

(Approved by the USM Board of Regents, October 9, 2015)

I. Purpose

Administration of USM Policy VII-3.00– Policy on Wellness Programs.

II. Definitions

A. Release Time – An approved absence from duty during the work day without loss of any pay for the purpose of attending an employer-approved wellness activity.

III. General Guidelines

The Office of Human Resources (OHR) is designated as administrator of the afore-referenced policy. All questions regarding FSU procedures in regard to the policy should be referred to that office.

IV. Other

Agreements negotiated by Memorandum of Understanding (MOU) or recognized bargaining units will supersede, if so specifically written portions of this procedure.

V. References

USM Policy VII-3.00 Wellness Programs

All policies and procedures are available on:

- FSU Web Page
- USM Web Page