

Summer Online First Year Initiative 2025

Course Information Sheet

Course Name:	IDIS 150 – Freshman Colloquium: The Science of Learning
Instructor:	Dr. Holly Currie
Contact Info:	hncurrie@frostburg.edu
Course Description:	<p>IDIS 150 courses were created to foster a sense of understanding through exploration of a current issue, theme, problem, person, or persons, cultural or historical period, world area or national region, or other unifying principle through interdisciplinary study, discussion, and activities.</p> <p>In this course, students will examine the many topics that have an impact on human learning. These topics span many disciplines including biology, psychology, neurology and human health. Students will explore the neuroscience of learning, the impact of physical and mental health on learning, and evidence backed effective learning strategies.</p>
Course Recommended for:	Any student wishing to gain an understanding of how to learn effectively based on information obtained from scientific studies. This course fulfills the GEP Group E requirement.
Course Materials:	Textbook: Learn Like a Pro by Barbara Oakley ISBN: 9781250799371
Course Requirements:	This course should be completed within the first 45 hours and fulfills the GEP Group E requirement. There are no prerequisites.
Technical Requirements:	Students must have a frostburg.edu e-mail account and regular access to canvas. To see if your computer meets system requirements, visit http://www.frostburg.edu/canvas .