

**BRADY HEALTH CENTER  
FROSTBURG STATE UNIVERSITY**

**ALLERGY INJECTION CONTRACT**

**HOW TO GET STARTED**

- Take enclosed letter and form to your allergist to be completed and signed.
- Bring your allergy serum, allergy information forms which include your injection schedule, and the signed allergist instruction sheet to Brady Health Center (BHC) upon your arrival to campus.

**YOUR ALLERGY SHOTS**

- Please bring your serum and instructions to the health center for review and to schedule your first appointment.
- You must wait 30 minutes after injection. This is the highest risk time for a systemic reaction. A nurse must check your injection site prior to leaving the health center after the 30 mins.
- Alert the nurse of any adverse reaction symptoms you may experience.

**PLEASE READ AND SIGN THE FOLLOWING**

1. I have read the above information and agree to the wait period and appointment schedule.
2. I understand I must have my allergist complete and sign the required authorization form and return it to BHC prior to receiving my allergy injections.
3. I have had local and systemic reactions explained to me by my allergist.
4. I understand I will be screened at each visit for risk factors that may place me at increased risk of a systemic reaction such as:
  - any change in health status (recent illness, exacerbation of your allergen disease)
  - delayed reaction from last allergy injection,
  - any new medication (screening for beta blockers),
  - if you are in the allergy season that you have a high degree of allergen sensitivity as you were advised by your allergist,
  - peak flow measurement when ordered by your allergist as part of their preinjection screening, and if you took your prescribed antihistamine prior to your allergy injection when ordered by your allergist.
5. I understand the health center nurse has the right to defer an injection if I am at increased risk for a systemic reaction. The health center nurse may call my allergist when any questions arise concerning my allergy injections.
6. Allergy serum will be stored at the health center. However, the health center cannot accept responsibility for the stored medication like unexpected power failure.
7. I understand the importance of complying with my desensitization schedule. If I repeatedly miss injections, the desensitization series may have to be discontinued. This is because of the increased risk when a haphazard schedule is followed.

NAME \_\_\_\_\_ Birthdate \_\_\_\_\_ Cell Phone \_\_\_\_\_

DATE \_\_\_\_\_ SIGNATURE \_\_\_\_\_