

## Questions and Answers about Reproductive Health Care at Brady Health

**I am interested in starting on some type of birth control or continuing my birth control. How can I get this service while I am a student at FSU?**

You can schedule a well-gyn exam with one of the nurse practitioners at Brady Health Center. She will discuss your birth control options and after an evaluation, prescribe an appropriate birth control method. The cost of the visit is \$50-\$65 depending on what lab testing is done. Payment can be made by cash, check or bobcat card- Brady does **not** bill insurance. Testing for chlamydia, gonorrhea, yeast, bacterial vaginosis, trichomoniasis, syphilis and HIV can be done as part of the visit, if indicated. Women age 21 yrs or older need a pap smear (screening test for cervical cancer) which will be sent to a private lab for processing; in that situation, your insurance information will be sent to the lab for billing purposes. If you do not have health insurance, other arrangements for payment of the pap smear test are available. Brady Health currently has some limited birth control pills in stock ranging in price from \$11 - \$14/pack. If these are not appropriate, the nurse practitioner can write a prescription for you to fill at the pharmacy of your choice. The cost at the pharmacy will depend on your insurance and your co-pay. You will receive counseling on the use of the birth control method chosen and on safer sex. Follow up appointments will be scheduled as indicated. The approximate wait time for a well-gyn appointment is generally 1 week.



**I am going home in 3 weeks for my annual exam so I don't need an exam. I just need one more pack of pills to hold me until my appointment there. How can I get the pack of pills here?**

You should first call your provider and see if he or she can call-in a prescription for a pack of pills to one of the local pharmacies (see below).

If that is not possible, you can schedule an appointment with one of the nurse practitioners at Brady Health and after evaluating the situation, the nurse practitioner can prescribe a pack of pills.

**I am on Depo-Provera from Planned Parenthood in Montgomery County. My next Depo-Provera is due in two weeks. I can not get home to get it. How can I get my scheduled Depo-Provera here in Frostburg?**

With the proper paper work, you should be able to receive your next Depo-Provera at Brady Health. You will need to come to the health center and sign a release of information so a copy of your most recent exam, order for the Depo-Provera, and proof of your last two injections can be obtained from your health care provider. Depo-Provera is not stocked at the health center, so you will need to take a prescription from your doctor to the pharmacy, and then bring the medication with you to your appointment. The current fee for Depo-Provera administration at Brady is \$18.00.

**My own gynecologist orders my Depo-Provera and I pick it up at the pharmacy. Can you administer it at Brady Health Center?**

Again with all the proper paper work, as stated above, you should be able to receive your next Depo-Provera. The current fee for Depo administration at Brady is \$18.00.

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**Pharmacare- Frostburg – 301-689-9961**  
**Rite Aid- Frostburg– 301-689-2422**  
**Wal-Mart Pharmacy- LaVale- 301-729-5088**  
**CVS Pharmacy- LaVale- 301-729-1004**

**I am on my last pack of pills and have no refills. I just had my annual exam 3 months ago at my gynecologist at home. How can I go about getting the pills here?**

The quickest and easiest way is to have your gynecologist call the prescription into one of the local pharmacies with the number of refills that you will need while at FSU. Most of the local pharmacies participate in many of the insurance plans. You can call the local pharmacy (see below) and make sure they participate in your prescription plan before having your doctor call it in. We have two pharmacies in the city of Frostburg and several others in the Cumberland/LaVale area.

**I am not sexuality active but have terrible cramps with my period and my skin is breaking out. I was looking on the web and I understand the treatment of choice for both of these problems may be a form of birth control. Who can I talk to about this and how can I get started on the pill?**

You can call Brady Health Center and ask to talk to one of the nurses. They can answer your questions or refer you to one of the nurse practitioners. We can schedule an appointment here at Brady Health accordingly.

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